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Statement of intent

Christ Church Primary School aims to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. All children are encouraged to take their competitive involvement in sport to which ever level they choose, each fulfilling their own potential. We believe this helps build character and reinforce values such as fairness and respect.

PE lessons are taught with the following aims in mind:

1. Meet the requirements of the national curriculum
2. Encourage physical activity and exercise
3. Develop an understanding of the effects of exercise on the body and healthy lifestyle choices.
4. Develop competence to excel in a broad range of physical activities
5. Build self-esteem, confidence and resilience
6. Provide all pupils with access to the lesson
7. Develop the ability to work as a team player, taking the lead and learning to work collaboratively with others.
8. Demonstrate our five school values through promoting a sense of fair play, positive attitudes and sporting behaviour towards themselves and others.
9. Have an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being during exercise and activity.
10. Have the physical literacy to develop as lifelong participants in physical activity and sport.

This policy outlines what pupils will be taught during PE lessons and how they are expected to behave, as well as the measures taken in order to ensure the health and safety of pupils, including role-specific responsibilities.

Legal framework

This policy has due regard to all relevant legislation and statutory guidance including, but not limited to, the following:

1. The Workplace (Health, Safety and Welfare) Regulations 1992
2. The Management of Health and Safety at Work Regulations 1999
3. Health and Safety at Work etc. Act 1974
4. DfE (2013) 'Physical education programmes of study – key stages 1 and 2'
5. DfE (2013) 'National curriculum in England: PE programmes of study'
6. DfE (2021) 'Statutory framework for the early years foundation stage'

This policy operates in conjunction with the following school policies:

7. Health and Safety Policy
8. First Aid Policy
9. School Uniform Policy
10. Intimate Care Policy
11. Staff Code of Conduct
12. Suspension and Exclusion Policy
13. Behaviour Policy

Roles and responsibilities

The headteacher is responsible for:

1. Appointing an appropriate PE coordinator.
2. Ensuring that appropriate procedures are in place for the reporting and managing of accidents.
3. Ensuring effective health and safety procedures are in place, and that the appropriate safety measures are taken.
4. Ensuring all necessary risk assessments have been undertaken.
5. Ensuring that teaching standards are maintained and the effectiveness of the teaching of the subject is monitored.
6. Liaising with the PE coordinator regarding the spending and impact of the PE and sport premium funding.
7. Ensuring that the use of the PE and sport premium is effectively communicated to the governing board.

The PE coordinator is responsible for:

1. The overall implementation of this policy.
2. Liaising with staff members to develop an effective PE timetable.
3. Ensuring the chosen scheme of work (Get Set 4 PE) is followed.
4. Supporting staff members in all aspects of the curriculum.
5. Creating an action plan at the start of each school year, identifying any areas of improvement within the subject which need to be addressed.
6. Maintaining and replacing equipment.
7. Monitoring the teaching of PE at the school and ensuring that high standards are consistently maintained.
8. Undertaking the necessary risk assessments.
9. Attending any necessary training, in order to help inform future developments of the subject at the school.
10. Keeping up-to-date with any changes in the subject area.
11. Ensuring that the school provides extra-curricular opportunities to pupils, further developing the skills learnt during their PE lessons.
12. Liaising with the SLT and other relevant staff members regarding the use of the PE and sport premium.
13. Providing the headteacher with an annual summary report regarding the teaching of PE at the school.

PE teachers are responsible for:

1. Acting in accordance with the school's Health and Safety Policy.
2. Reporting accidents and other incidents in writing.
3. Participating in any necessary training or CPD.
4. Keeping up-to-date with changes within the subject area.
5. Acting in accordance with the Staff Code of Conduct.
6. Making informed decisions regarding whether the weather conditions are suitable for the planned lesson, and ensuring alternative appropriate arrangements are in place.
7. Providing an appropriate level of assistance, where necessary, to pupils changing for PE lessons.

Parents are responsible for:

1. Providing their child with the necessary PE kit.
2. Providing their child with appropriate footwear for PE classes.
3. Ensuring that, where necessary, a doctor's note or similar evidence is provided when their child cannot participate in PE lessons.

Pupils are responsible for:

1. Acting in accordance with the Pupil Code of Conduct at all times.
2. Bringing their PE kit to school on the appropriate days.
3. Adhering to the Behaviour Policy at all times.

EYFS

Physical development will be encouraged as an integral part of work for pupils in the EYFS, teaching them how to control their movements and become competent movers.

Pupils' fundamental movement skills are developed during the EYFS, laying a foundation for future PE lessons.

Particular areas of focus will include movement, balance and the use of PE equipment, including gymnastic apparatus, floor mats and sporting equipment, such as bats and balls.

Pupils' physical development will relate to the physical development objectives of the early learning goals (ELGs), which are set out in the DfE's 'Statutory framework for the early years foundation stage', including:

1. Demonstrating strength, balance and coordination when playing.
2. Negotiating space and obstacles safely, with consideration for themselves and others.
3. Moving energetically, such as running, jumping, dancing, hopping, skipping and climbing.
4. Participating in physical activities which enhance fine motor skills.

All pupils within the EYFS will be given the opportunity to undertake activities that provide appropriate physical challenge, both indoors and outdoors, whilst using a range of resources and equipment.

EYFS children will have two PE lessons per week following Get Set 4 PE in addition to activities in continuous provision.

Children will be assessed for physical development at the end of EYFS.

Curriculum

During KS1, pupils will be taught to:

1. Master basic movements, including running, jumping, throwing and catching, whilst developing their agility, balance and coordination, beginning to apply applying these in a range of activities.
2. Participate in team games, developing simple tactics for attacking and defending.
3. Perform dances using simple movement patterns.

During KS2, pupils will be taught to:

1. Use running, jumping, throwing and catching in isolation and in combination.
2. Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending, for example, through netball, football, hockey and tennis.

3. Develop flexibility, strength, technique, control and balance through activities such as gymnastics and athletics.
4. Perform dances using a range of movement patterns.
5. Participate in outdoor and adventurous activities, both individually and within a team.
6. Compare their performances with their previous ones and demonstrate improvement to achieve their personal best.

In relation to swimming, pupils within KS1 and KS2, will be taught to:

1. Swim competently, confidently and proficiently over a distance of at least 25 metres.
2. Use a range of strokes effectively, such as front crawl, backstroke and breaststroke.
3. Perform safe self-rescue in different water-based situations.

Teaching and learning

All lessons will be planned and taught in line with the scheme of work (Get Set 4 PE) as chosen by the PE coordinator after discussion with all teaching staff.

Lessons and activities will build upon pupils' prior learning, developing their skills, knowledge and understanding within each activity area.

The PE coordinator creates a long-term plan from the scheme. Teachers then adapt short-term plans as necessary to meet the needs of the pupils while covering the PE curriculum.

Where appropriate, a sports coach will lead the lesson or teach alongside the teacher.

Pupils will be taught through a mixture of whole-class, group and individual activities, ensuring that tasks are suitable for pupils' abilities. Pupils will be encouraged to evaluate their own performance, as well as the performance of others. Pupils will be given the opportunity to both collaborate and compete with each other during lessons.

The PE coordinator will act as the first point of contact for staff members planning PE lessons or sporting events.

A variety of resources, including indoor and outdoor sporting equipment, will be used to provide a range of challenge for pupils. Staff members involved in the teaching of PE will have access to PE resources, including sporting equipment and specialist literature, at all times.

Where a pupil is unable to participate in a lesson, the teacher will set them another related task, such as being score counter or equipment manager.

Assessment and reporting

Pupils will be assessed through observations made during lessons.

Teachers will record the progress of pupils using online tracking within Get Set 4 PE.

Individuals' assessment information will be recorded to help pupils' future teachers plan appropriate work for them and assist in the assessment of pupils' progress each year.

Pupils will be assessed as 'Working Towards, Working Within or Working Beyond'. Annual assessments of each pupil will be used to inform parents of their child's progress and attainment on their end of year report.

Extra-curricular activities

The school provides pupils with the opportunity to participate in a range of extra-curricular activities in order to further develop their skills.

Extra-curricular opportunities are provided to pupils with the aim of allowing them to put into practice the skills they have developed in lessons, as well as foster a sense of cooperation among pupils, whilst introducing a competitive element to team games.

There are a variety of PE-related extra-curricular activities available for pupils to participate in outside of school hours, including the following:

1. Football
2. Netball
3. Hockey
4. Tennis

External sports coaches will lead activities and clubs, where appropriate.

At the beginning of each term, parents will be made aware of the extra-curricular activities on offer at the school via the school newsletter and email.

The school participates in regular sporting events against other schools. Where appropriate, pupils and parents will be made aware of these fixtures with due notice. Participation and success of extra-curricular events, such as sporting competitions, will be celebrated during whole school celebration service, in newsletters and on school social media where appropriate.

All teaching staff will actively encourage pupils to be physically active outside of school.

PE kit and changing rooms

During PE lessons, pupils are expected to wear the following:

1. **Plain navy shorts or skort**
2. **Plain navy jogging bottoms**
3. **House Coloured T-shirt with school logo**
4. **Christ Church PE navy hoody or plain navy sweatshirt**
5. **Black pumps or trainers**

During cold weather, pupils will be allowed to wear their coats, as appropriate.

During swimming lessons, pupils are expected to wear the following:

1. Appropriate swimwear
2. Swimming cap for pupils with long hair

3. Goggles (optional)

Staff members will lead by example by wearing appropriate clothing when teaching PE, such as trainers and jogging bottoms.

All potentially dangerous jewellery, such as earrings, will be removed before PE lessons. Jewellery which cannot be removed will be taped over.

All long hair is tied back for PE lessons.

Activities such as gymnastics and dance will be undertaken in bare feet.

From Years 5 and 6, boys and girls will change separately where possible.

The school will make adequate and sensitive arrangements for changing which take into account the needs of pupils with disabilities and pupils from different religions, beliefs, cultural backgrounds or gender identity.

Where a pupil who requires additional support needs assistance changing, the school will adhere to the Intimate Care Policy. All staff will be aware of any intimate care issues for individual pupils.

Behaviour

Pupils will act in accordance with the school's Behaviour Policy at all times.

Pupils will be made aware of the expected behaviour for handling PE equipment and resources.

Pupils will be made aware of how misbehaving during PE lessons and using equipment in the incorrect manner can be dangerous.

During PE lessons, pupils are expected to act in the same manner as any other lesson, showing respect to staff members and other pupils. Any pupils behaving in an inappropriate manner will be subject to the measures outlined in the Behaviour Policy.

Health and safety

Staff and pupils will adhere to the Health and Safety Policy at all times.

Pupils will be taught about physical-activity-related health and safety, as well as sport-specific safety, as part of the PE curriculum. Pupils are encouraged to consider their own safety, as well as the safety of others, at all times.

First aid boxes will always be accessible during PE lessons.

All staff members involved in the teaching of PE will undergo basic health and safety training as part of their induction. The PE coordinator is responsible for reporting any concerns to the school's health and safety officer.

Where pupils will be attending an off-site sporting or PE-related event, the PE coordinator is responsible for completing a risk assessment for the event.

The PE coordinator will check the conditions and appropriateness of PE resources on a termly basis, restocking equipment as required.

Resources and equipment will be checked by staff members before use, with any faults or concerns reported to the PE coordinator as soon as possible. All PE equipment and resources will be safely stored, within a secure storage area, within the school hall. Damage to PE equipment will be

reported to the PE coordinator as soon as possible and, where the damage could cause injury, the equipment is immediately taken out of use.

Pupils will not have access to PE resources and sporting equipment unless appropriately supervised. Pupils will be taught how to handle PE equipment and resources safely. Pupils will help staff members to move and set up PE equipment.

Swimming lessons will always be taught at Cheltenham Ladies College in the presence of a qualified life guard.

Equal opportunities

Teaching staff will work closely with the PE coordinator to ensure that planned activities for lessons are accessible to all pupils, including pupils with SEND. All lessons will meet the specific needs of individuals, as well as of groups of pupils, including those with SEND and those who have English as an additional language.

Teaching staff will liaise with the SENCO, where necessary, in order to meet the needs of pupils.

The school will continue to ensure that equal sporting opportunities are offered to pupils of all genders. While sex separation may be employed in certain circumstances, e.g. for competitive sports teams, the school will make a concerted effort to offer every sport to all pupils regardless of gender wherever possible.

Pupils will not be grouped together based on gender, race or disability.

Monitoring and review

This policy will be reviewed on an annual basis by the headteacher and PE coordinator, with any changes made to the policy being communicated to all teaching staff and the governing board.

The curriculum plan will be monitored and evaluated by the PE coordinator, including the planning, assessment and reporting arrangements in place.

The spending and impact of the PE and sport premium is monitored by the governing board.