

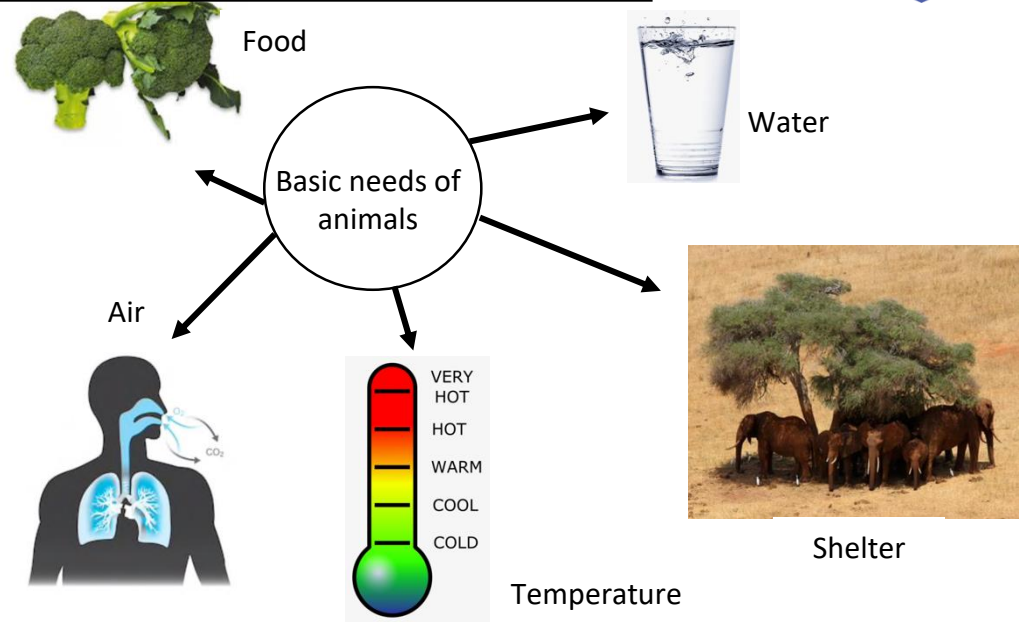


# Science Knowledge Organiser

## Year 2 Spring 1 – Animals, including Humans



Key vocabulary	
Word	Meaning
survival	An animal or plant staying alive.
exercise	An activity that makes you move and can improve health and fitness.
hygiene	Keeping clean to stay healthy and avoid disease.
disease	An illness or sickness.
nutrition	Getting the food we need for health and growth.
heartbeat	When the heart muscle pulses.
healthy	Something that is good for your body.



Some examples of types of exercise for humans:



How do humans keep clean?

